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Wartburg continues Telling Our Story

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Wartburg College is continuing last year's theme, Telling Our Story, through the 2012-2013 school year.

Associate Vice President for Marketing and Communication Graham Garner said his department and the President's Cabinet decided to have a multi-year theme.

The theme is used to focus events throughout the year, such as convocations, commencement ceremonies, ad campaigns and department and organization functions, Garner said.

"It takes time for the departments to build momentum with the theme," Garner said. "Just when everyone starts to use it, it's time to pick a new one. We thought this was the best way to get the most out of the theme."

Creating and implementing a theme is part of the college's strategic plan.

"The theme helps us reach out to alumni and students and help them feel good about their decision to go to Wartburg," Garner said.

Garner said the Telling Our Story theme works for any year, but reflects some of the changes Wartburg has been going through recently.

"We have a fairly new president, a new strategic plan, we're building and developing the campus," Garner said. "It's good for us to think about where we've come from and where we want to go. The storytelling theme reflects that idea."

He said a focus of the Telling Our Story theme is to talk about people and recurring themes, who has been a part of Wartburg in its founding days, who's here now and connections that reflect that.

The theme is announced to the college through press releases and social media. After that, departments are free to use it as they please, he said.

Garner said the theme is important for incoming students to feel welcomed to the college.

"People want to join a community. You want to believe you're becoming part of a family that lasts long past your graduation day," he said.

"You're not just choosing Wartburg because it looks good today, but because it has history and value for the long term."

Garner said Marketing and Communication wants each campus department and organization to make the theme their own.

"Wartburg has such a diverse community and different departments interpret the theme differently," Garner said. "We want to share a variety of perspectives. We want you to tell us what the theme means to you."

The banner, Telling Our Story, hangs outside the Vogel Library for students, faculty and staff to enjoy. This theme will continue for the 2012-2013 academic year. — Kristin Canning/*TRUMPET*

Exploring major allows students to examine career paths

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With over 50 academic majors to choose from at Wartburg College some students have a hard time deciding what area of study they would like to pursue. For students who don't know what they want to study they can do something called an exploring major, Vicki Edelnant Pathways Center director said.

Vicki Edelnant

Nationally about 70 percent of college students change their major at least once, Edelnant said.

If students took the time to look at a major and all the classes you would have to take and what you could do with said major, than that number wouldn't be 70 percent, she said.

"Most people to some degree are exploring majors," Edelnant said.

Classes are one way to explore what you want to do and the good thing is that some classes you take can meet certain Wartburg requirements, Edelnant said.

Other ways include the many clubs that Wartburg has to offer, internships, job shadowing and talking with Pathways about what you are interested in, she said.

With the incoming freshman Edelnant said that sometimes students just expect to know [their major] at a certain point.

"It's kind of like a light switch and I don't think it's like that. It is more searching," said Edelnant.

Most people don't like feeling uncertain but in a way it is sometimes a good thing because it gives them the opportunity to try new and different things, Edelnant said.

Jordan Sabus, a freshman, at is currently an exploring major.

"I was originally pre-med but I didn't like the science program as much as I thought I would and I really didn't know what else I wanted to do so I decided to explore," Sabus said.

With the general education requirements he has to take, Sabus said it is helping him decide what he wants to do along with other classes that he gets to choose and see if he likes them.

"Realizing that gen-eds are the important part of being here and those are the things that everyone needs," Edelnant said.

With having what Wartburg calls "lifelong learners" it helps you later in life, Edelnant said.

Employers look for good communication skills, ability to work in a team, critical thinking, problem solving, ability to find information and evaluate, Edelnant said.

"Those are the things you learn in gen-ed classes," she said.

Think of it as a positive thing and just look at your options, Edelnant said.

Sabus said that people shouldn't force themselves into a major because then you are just wasting time and money and you should look at all of your options.

By taking the time to explore different majors and what you want you can do with those majors it will only benefit you, Sabus said.

"I encourage students to come in and talk with us [Pathways] because the biggest challenge is getting students to come in. Use the resources you're paying for," Edelnant said.

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OPINION & EDITORIAL

Words of wisdom from Wartburg class of 2012

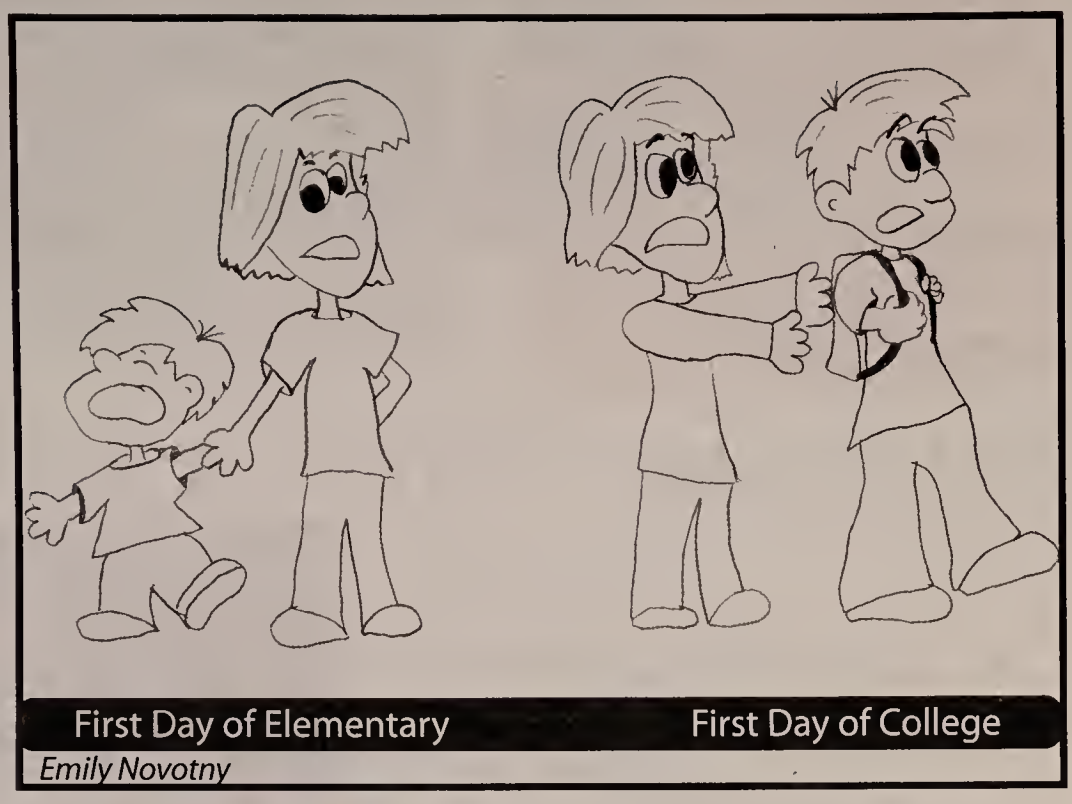
The Trumpet asked last year's seniors to share one piece of advice with incoming freshmen to help make their first days as Knights easier.

I would have gotten involved on campus, there's a lot of activities you can be a part of and get to know different people and explore different interests.
—Rachael Andresen

I would have started making meal transfers since day one.
—Jesse Zuidema

I would have tried harder to get to know my professors first semester of freshman year because if it's in your field of interest they can hook you up with some good work study positions.
— Hope VanZinderen

I would make sure I set aside more time in the day for myself because if you keep going and going with your nose to the grindstone you're going to burn out.
—Andrew Bridgewater



Emily Novotny

You know you're a freshman when...

Wartburg students give insight on freshman faux pas and pitfalls to avoid during your first year on campus.

You have one key on your lanyard.
— Jacqueline Schutte

You get excited about having pizza in the Mensa.
— Brandon Hosch

You mispronounce Konditorei.
— Lauren Matysik

When you buy a new outfit for the first day of school.
— Abby Swancutt

When you have the lanyard on with your ID and key in it and you think it's cool 'cuz you're in college.
— Ben Hoppenworth

You eat in the Mensa twenty times a week.
— Kelly Owen

You go to the Knighthawk on a Friday...
— Claire Traynor

...And you call it the Knighthawk, not Joe's.
— Laura Mackey

You drop your cup in the Mensa.
— Isaiah Neiland

You don't realize IS is an actual class.
— Koby Edler

When you think you're pre-med.
— Hannah Scrabeck

When you complain about staying up till 2 a.m.
–Danny Housholder

You travel in giant packs of people everywhere you go.
— Abby Shannon

When it's 2 a.m. and nobody is sleeping outside of your dorm.
— Justina Wuebker

When you wear a t-shirt to Joe's.
— Hollis Hanson-Pollock

You don't know how to make a meal transfer.
— Abigail Blake

The upper-classmen have you convinced that tomorrow will be Outfly and its not!
— Alecia Schoonover

Choice Words | WARTBURG SOUNDS OFF

Outfly– everyone anticipates it, many try to pinpoint it, but I can promise you that NONE of them actually know when it is. And the President won't tell. So don't listen.
–Just do your homework

Freshmen, getting your groove on at the Goat is an excellent idea, just steer clear of the dark corners.
–Survive to your walk of shame

Class time tip: This isn't high school. Sitting in the back doesn't mean slacking off.
–The professors are smarter than that

Best thing about your new college campus? It smells like hot chocolate. Seriously.
–It's not your imagination

If you leave your lanyard in your backpack, or put it in your pocket, you won't lose your ID, promise.
–Please don't wear it around your neck

If you're afraid that upper-classmen are going to know you're a freshman, you should probably avoid The Ledge at Joe's.
– Learned the hard way

Wartburg squirrels - stop being so cute. I'm going to end up with rabies.
— Don't Feed Them

Want to exercise but intimidated by "The W?" Sign up for a fitness class or rock the trails around Waverly.
— Exploring the town

Dear Freshmen,
You're about to start four crazy years so make the most of them. Get involved, leave your doors open, just have fun.
— Love from an upperclassman

Choice Words is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Either go to The Circuit or tweet #choicewords to see your thoughts here! The Trumpet reserves the right to censor inappropriate and libelous comments.

TRUMPET

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to trumpet@wartburg.edu. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

KNIGHTLIFE

How to deal with the change

Jan Simpson, office coordinator, is one of the people in Pathways there to help new students. — **Emily Novotny/** *TRUMPET*

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After a summer of hanging out with friends and enjoying the comforts of home, first-year students have moved into their dorms with classes starting soon.

Students start college knowing that things are going to be different from high school, Vicki Edelnant , Pathways Center director, said.

As the beginning of the year progresses, it is common for some students to question whether or not they made the right decision in picking Wartburg, Edelnant said.

"In student development there is a theory called W curve. When you choose your college you are at a high, and then after maybe the first day, well for some students it can be really steep or it can be really spread out and flat ," Edelnant said.

The W curve is different for each student.

"For some people, it is when their parents leave they go down to the bottom of that first leg of the W. For some it is after the first set of tests and they think 'oh my gosh, I thought I was a really good student, but this is harder than I thought.'"

One change first-year students have to learn to deal with is time management.

"They are used to having their time structured for them," Edelnant said.

One way Edelnant said to deal with this change is for students to keep some kind of regular planner. Edelnant also encourages students to include longer term planning in their weekly routine.

Another academic transition is the amount of reading students have to do. Edelnant said students have to do more reading and the level of detail they need to read at is different than what they are used to in high school.

> *"They are used to having their time structured for them."*
> –Vicki Edelnant

The biggest non-academic transition most students have to deal with is living with someone.

"Many of our students have rooms of their own at home, so there are lots of day to day adjustments," Edelnant said.

College may be the first time some students have been away from home for an extended period of time.

There are students that may not experience homesickness or only experience it for a short period of time. Then, there are those that deal with homesickness for a little bit longer, she said.

Edelnant said it is okay for a student to admit to missing home.

"I would encourage them to keep in touch, but don't call every hour every day. Those people back home want you to be happy here and so I would encourage you to get involved," said Edelnant.

Another big transition that college creates is making new friends.

For the past however many years students saw the same people every day and hung out with the same group of friends. Edelnant said college brings the chance to make new friends, but students sometimes fear losing their friends back home.

While some students have the opportunity to visit friends back home during the weekend or over breaks, there are some students that live too far away to do that.

Peter Hoffman was once a first-year student from San Diego. However, Hoffman said he did not let the distance stop him from keeping in touch with friends at home.

"I've stayed in touch with my high school friends via Facebook and Skype. My good friends and I usually Skype once a month, and then with Facebook I just see whatever comes up on the news feed," Hoffman said.

New students: take a tour of Waverly's local businesses

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During Orange Exceleration Week first-year students get to take a tour of Waverly.

"I'm from out of state, and doing a tour of the place where I planned on staying for nine months out of the year was beneficial to getting to see what Waverly had to offer," Alexander Valentine, said

While Wartburg has its own coffee shop on campus, there is another place for students to get their caffeine fix.

Duos Coffee and Ice Cream serves some of the same things that the Konditorei has to offer, but duos has things the K-Dit does not. While the Konditorei offers more snacks and sandwiches, this local coffee shop has full soft and hard serve ice cream. Workers at duos also like to experiment with their coffee and ice cream.

"I can take a hard serve shake and add a couple shots of espresso to it which is excellent," Jay Baker, duos employee, said.

There are also some local thrift shops in town. While Goodwill is a bigger name thrift store, Waverly is also home to Half Off Stuff and Trinkets and Togs.

Trinkets and Togs is a close shopping stop for students. Lori Shepherd, store supervisor, said once students check out Trinkets and Togs they will love it.

"We have had customers say it is like the Mall of America in Waverly because literally anything you could think of and everything you wouldn't even think of we have," said Jessica Gulick, vocational program manager.

Trinkets and Togs also provides services to people with disabilities. When shopping at Trinkets and Togs, customers are helping support the programs that help serve people in the community.

If students are looking for a break from campus food, check out some of the local restaurants like The Fainting Goat and East Bremer Diner.

When the weekend hits, students can go out to Joe's or The Fainting Goat. They can also see a movie at The Palace Theatre or go bowling at Waverly Bowl Inn.

If the weather is less than ideal for taking a walk down to the Nestle factory, first-year students can make a quick trip to Family Video.

Local Businesses of Interest

Craw Daddy's • The Other Place II •
Half Off Stuff • Waverly Bakery •
The Wash House • East China •
Dell's Diner

TRUMPET SPORTS

Adjusting to college
Pathways gives advice for new students making the transition into college. 3

2012 FOOTBALL SCHEDULE

Sept. 1	MacMurray	7 p.m.
Sept. 8	Bethel	1 p.m.
Sept. 15	@ Carthage	1 p.m.
Sept. 29	@ Simpson	1 p.m.
Oct. 6	@ Buena Vista	1 p.m.
Oct. 13	Luther	1 p.m.
Oct. 20	Dubuque	1:30 p.m.
Oct. 27	@ Coe	1 p.m.
Nov. 4	@ Central	1 p.m.
Nov. 11	Loras	1 p.m.

Football gearing up for new season

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The 2012 Wartburg football team will feature a mixture of returning players as well as new faces.

The most notable loss for the Knights is at quarterback as they will have to replace Dan Stiefel.

Stiefel completed 56.5 percent of his passes for 2,734 yards and 27 touchdowns in 2011.

It will be up to junior Taylor Jacobsmeier to take over under center this season for the Knights.

"We feel good in the progress that Jacobsmeier has made. He's very athletic. He may have a little bit different set of strengths than our last couple of quarterbacks have had. Hopefully we'll be able to do a good job of utilizing his strengths," head coach Rick Willis said.

Joining Jacobsmeier in the backfield will be a pair of running backs that both saw the field last season in Connor Dahlstrom and Reese Thompson.

Dahlstrom rushed for 654 yards and seven touchdowns and was named second-team all-conference while Thompson contributed 436 yards and four touchdowns.

Wartburg will take another big hit at the wide receiver position with the loss of Levi Helbling who made 41 catches for 685 yards and was named second-team all-conference.

Willis said there is plenty of returning experience to fill the void though including senior Curt Hruska who pulled in 44 catches for 663 yards last season.

The Knights also lose two valuable offensive linemen in first-team all-IIAC Kevin Huss and second-team all-IIAC Kyle Huss.

Despite the key losses up front, Willis said that four linemen who saw significant playing time in 2011 return as well as Jon Orr who was sidelined for most of the season with an injury.

"Offensively we want to be balanced between the run and the pass, be a physical style offense and be difficult to defend," Willis said.

On the defensive side of the ball, Wartburg returns a veteran group Willis said, including four 2011 all-conference competitors.

The defensive line loses first-team all-conference Matt Tschetter but returns second-team all-conference senior Ross Naylor.

The linebacking corps returns all three starters including first-team all-IIAC Jason Shupp, Mark Lueschow, who was honorable mention all-IIAC in 2011 and Ryan Billings.

The secondary loses first-team all-IIAC Josh VanDenHul but Willis said they return three cornerbacks and two safeties including first-team all-conference safety Garrett McGrane who has made nine interceptions in the past two seasons.

"If we can keep people healthy on our defense we have a chance to have a really solid defense that can be aggressive and attacking and make a lot of plays," Willis said. The Knights open the season at home on Sept. 1 when they take on MacMurray. Wartburg will play three non-conference games this season instead of two due to Cornell leaving the IIAC. The IIAC opener will be Sept. 29 at Simpson with Homecoming scheduled for Oct. 20 against Dubuque. Senior day will take place Nov. 10 when the Knights host Loras.

Garrett McGrane (9) takes down a Coe running back last season. McGrane is back for his final season to lead the Knights secondary after having 60 solo tackles and three interceptions in 2011. —File Photo

Sieck sisters to lead 2012 volleyball team

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Britlyn Sieck

After a 24-11 regular season and a second-place finish in the Iowa Conference, the Wartburg volleyball team returns all but two players from their 2011 roster for the 2012 season.

Three-time first-team all-conference outside hitter Britlyn Sieck returns to lead the Knights for her senior season. Sieck led the team with 423 kills last season and reached the 1,000 kill milestone for her career.

Sieck's sister, Ramey, was named first-team all-conference setter in 2011 and will be back on the court this season for her junior year. She led the Knights last season with 1,078 assists and 36 serve aces.

Other returning all-conference players returning are junior middle-hitter Kelly Niemann (second-team) and sophomore middle-hitter Bailey Wilson (third-team).

The Knights return three other key contributors including senior Monique Davisson, juniors Marissa Shinstine and Maddie Forsyth.

Nicole Beer and Kamille Van Natta are the only two Knights from the 2011 squad not returning this season after graduating.

The rest of the conference will also be very experienced as six of eight first-teamers return.

2011 IIAC champion Coe also loses just two players to graduation and returns first-team all-confernce setter Emily Ryan as well as second-team all-conference outside-hitter Rachel Schaefer.

Cornell represented the IIAC in the 2011 NCAA Tournament but the Rams are now competing in the Midwest Conference, leaving the Knights and Kohawks as favorites to win the Iowa Conference this season.

Women's soccer looks to continue success in Pins' second year

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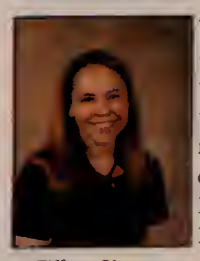

Tiffany Pins

The first season of Wartburg women's soccer under the direction of head coach Tiffany Pins saw the Knights finish with a 17-2-3 record and an NCAA Tournament appearance.

The 2012 squad loses some key members of the 2011 team but will still be aiming for similar success.

Wartburg will try to fill the shoes of IIAC MVP and third-team NSCAA All-American Katy Wendt who had eight goals and led the Knights with 13 assists.

The Knights also lose their top scorer from last season in Chelsea Frye who scored 16 goals and received first-team all-conference honors.

Wartburg will also lose first-team all-IIAC defender MacKenzie Moore, forwards Taylor Vermie and Whitney Larish and defender Jess Macauley.

Despite the lost talent, Wartburg still returns one first-team and three second-team all-IIAC players and two honorable mention performers.

Junior forward Anna Aquino scored 10 goals for Wartburg last season and assisted on nine others, earning her first-team all-IIAC honors.

Junior Rachel Torry, who netted four goals and six assists, will join Aquino up front after being named to the honorable mention all-conference team for the Knights in 2011.

Senior goalkepper Monica Noti is back after recording 69 saves and 10 shutouts in 20 games and earning second-team all-IIAC status.

The defense will be led by junior Cathy Reiter who was tabbed second-team all-IIAC and also plays on the Wartburg basketball team.

Junior Kelli Anderson was named second-team all-IIAC in the midfield and returns after scoring nine goals and two assists last season.

Wartburg tied for the conference championship with Loras after a 7-0-1 IIAC record.

The Duhawks will also suffer a loss of talent as they lose seven seniors from last year's team including three all-conference players.

Men's soccer returns experienced team

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The men's soccer team is coming off an 8-10-1 season, including a fifth-place finish (4-4) in the IIAC, but Wartburg loses just three seniors from that squad.

Matt Cunard, Nate Gottsacker and David Holte will be the only Knights not returning to the team in 2012 due to graduation.

Senior midfielder Brandon Cook and junior defender Bob Brown were both named first-team all-conference in 2011 and will be expected to be the top players for the Knights once again in 2012.

Cook was second on the team last year with five goals. He also had two assists. Brown tied for first on the team with Dan Nadeau, a sophomore this year, with four assists.

Also returning for Wartburg is second-team all-IIAC forward Austin Otto who led the team with nine goals last season.

Senior defender Kris Krohn will join Brown on the back line after being tabbed to the honorable mention all-conference team and scoring four goals last season, good for third on the team.